ATTACHMENT 05

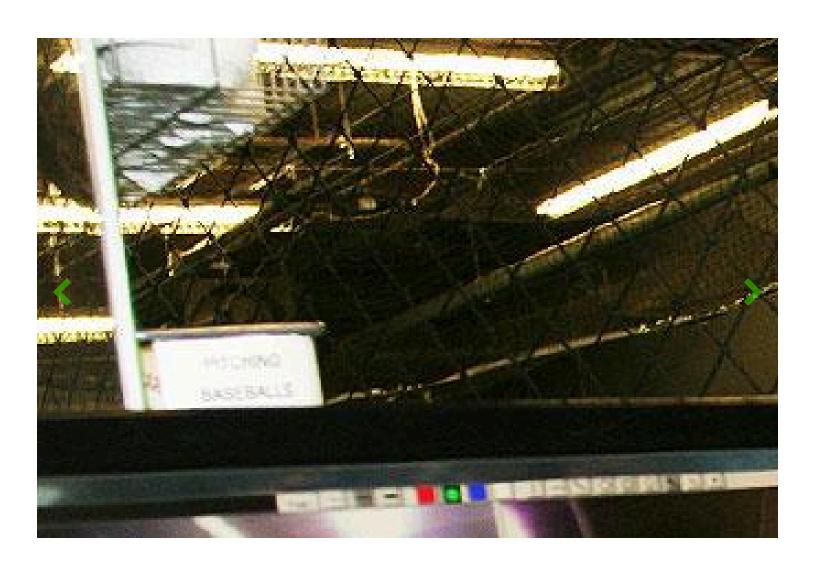


(https://pitchersedge.com/)

Info@PitchersEdge.com (mailto:info@pitchersedge.com)

**** 703-714-7377 (tel:703-714-7377)





https://pitchersedge.com

BASEBALL COACHING & TRAINING CENTER LOCATED IN FAIRFAX COUNTY, VA

OVER 20 YEARS OF BASEBALL SKILL DEVELOPMENT

Place your trust in Pitchers Edge to take a sincere interest in each player's success with a personal commitment to provide a quality training experience. We offer individualized instruction using programming with scientific and data driven training methods proven to produce results. Our professionally designed instruction includes hitting, fielding, catching specializing in The Highest Level of Pitching Instruction for Pitchers and Throwing Motion Efficiency Instruction for Position Players. Our Programming is proven to increase performance (Command, Velocity, Movement & Spin on Pitches) while reducing the risk of down time from sore arm or injuries & includes a strengthening aspect to specifically increase baseball skill. We offer an up-to date return to throwing program for Tommy John & Elbow surgery recovery. Our instructors take pride in providing each athlete with a positive, productive training experience to further their growth as a student athlete and enhance their enjoyment of the game.

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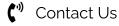


https://pitchersedge.com

TRUSTED INJURY PREVENTION & ATHLETE ADVISORY

Train where the Pitching & Overhand Throwing Instructional Program (https://pitchersedge.com/baseball-instruction/) is unparalleled, focusing on **increasing velocity, motion efficiency** with A Program Designed to Reduce the Risk of Down Time from Sore Arm or Injuries (https://pitchersedge.com/baseball-strength/).

Our Pre-Hab Approach for Pitchers and Position Players with Technology Based Analysis of Motion is Proven to Produce Increased Performance Results. This Data Research has Positively Impacted the Performances of Thousands of Little League, High School, College and Professional Players. Craig Pippin and his proven training programs that have placed over 200 student athletes into college and professional baseball programs. Baseball instruction available in our Northern Virginia Tysons Corner location is centrally located in downtown Vienna VA. *Our Members Receive % of Savings on Training Programs.* (https://pitchersedge.com/membership/)





A MEMBERS ONLY BASEBALL CLUB

- 516 Mill Street NE Vienna, VA 22180
- **J** 703-714-7377 (tel:703-714-7377)
- Info@PitchersEdge.com
 (mailto:info@pitchersedge.com)
- O Hours by appointment

Login (https://2918.ezfacility.com/login)

https://pitchersedge.com 3/5



Info@PitchersEdge.com (mailto:info@pitchersedge.com)

♦ 703-714-7377 (tel:703-714-7377)



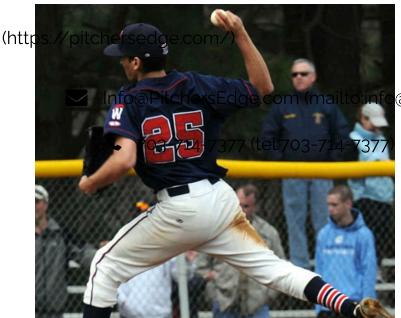
SKILL ENHANCEMENT

BASEBALL INSTRUCTION

Members Enjoy Savings, Online Scheduling Access PLUS A Personal Video Lesson Following Each Private Training Session. (https://pitchersedge.com/membership/)

In our Individualized Private Pitching & Overhand Throwing Instruction using Video Analysis Delivers a Scientifically Designed Program That Has Been **Tested & Proven** to Produce Results for Pitchers & Position Players. Developed From Decades of Data Collection Used in Research & the Study of Baseball Movements, Mechanics & Pitching Motion. Position Players Increase Command & Velo for Accurate & Timely Throws. Pitchers Increase Command Throwing Strikes Consistently, & Increase Velocity, Movement & Spin that Gets Hitters Out. Reduce Your Risk of Injury with Our PIPSystems[©] Pitching Methods.





@pitchersedge.com)

1 HOUR PRIVATE PITCHING INSTRUCTION

1 HOUR PITCHING SESSION:

SELECT 1 Hour Pitching:

\$127 Per Session* Less Your Member % Savings

1 Hour Pitching Instruction With Our Select Level Staff who are specifically Certified By Criag Pippin & Trained to Deliver the PIPSystems[©] Pitching Program with Injury Prevention Techniques.

ADVANCED 1 Hour Pitching:

\$165 Per Session* Less Your Member % Savings



Advanced Level Instruction With An Advanced Level Instructor who has a Higher Level of Experience Identifying Motion Points & Possible At-Risk-For-Injury Motion

703-714-7377 (tel:703-714-7377 Methods, Certified & Trained to Deliver the PIPSystems[©] Pitching Program at a High Level Including It's Injury Prevention Techniques.

HALF-HOUR PRIVATE HITTING OR FIELDING OR CATCHER INSTRUCTION

Private 30 Minute Hitting OR Private 30 Minute Fielding Instruction Using Video Analysis In An Individualized Session With Attention to Detail, Teaching Proven Hitting & Fielding Methods.

HALF-HOUR PE HITTING OR FIELDING SESSION:

SELECT Half-Hour Hitting: \$70 Per Session* Less Your *Member %* Savings

30 Minute Private Sessions With Our Select Level Instructors Who Have The Ability to Communicate Effectively Teaching Baseball Skill.

**ADVANCED Half-Hour Hitting: \$90 Per Session* Less Your Member % Savings

30 Minute Private Sessions with Our Advanced Level Instructors Who Have Extensive Playing Careers and Multiple Years of Experience Teaching Baseball Skill.

PIPSYSTEMS® BASEBALL TRAINING

PIPSystems© 1 Hour Private Session: \$189 Per Session* Less Your

Member % Savings



The PipSystems© Training is a 1 Hour Private Session designed for goal-driven Pitchers and Position Players committed to the process of reaching their full potential. Candidates for this program must meet specific baselines along with motion guidelines to participate and benefit fully. This program's focus is on e.com) achieving a healthy Pitching/Throwing motion while maximizing each individual's potential using a proven plan for player success.

PipSystems© Training Sessions incorporate a daily schedule of specific and individually assigned workouts & routines. Practicing these proven routines will assist a Pitcher/Player in realizing their ultimate goals.

"ULTIMATE" BASEBALL PITCHING WORKOUT SESSION

REACH THE HIGHEST LEVEL OF PERFORMANCE DESIGNED FOR PRO-LEVEL PITCHERS:

\$395 Per Session* - Available to College & Pro-Level Pitchers

* Ultimate Workouts Sessions with Craig Pippin, the Developer of PIPSystems[©]. Craig is a Career Instructor with multiple years of professional experience, teaching experience, using a training method proven to produce results.

*Program offerings and Rates subject to Seasonal Changes Click here for MEMBER BENEFITS (/membership).

FOURSOME YOUTH PITCHING-SEASONAL OFFERING

A Seasonal Program for Ages 12 & Under Small Group Pitching Instruction in a One Hour Session Delivering PIPSystems[©] Pitching Program. FOURSOME Sessions provide performance increases with a healthy pitching motion using Craig Pippin's Injury Prevention Based Motion Efficiency Training Programs PROVEN to increase Command & Velocity.

Info@PitchersEdge.com (mailto Scheduling freedom via your Member-

Online- 703-714-7377 (tel:703-714-7377) days and times to choose from:

Limited to 4 Openings in each 1 hour Session!

\$70 per Session* Less your Member %
 Savings

*Login To Book Sessions & Select Available FOURSOME Group Pitching Times. including Online access to re-schedule up to 12 Hours Prior to any booked sessions.



Contact Us





Info@PitchersEdge.com (mailto:info@pitchersedge.com)

♦ 703-714-7377 (tel:703-714-7377)



BASEBALL STRENGTH

The foundation of our effectiveness to increase a players ability is based upon decades of research, development and program testing. Using volumes of video and data, we have designed proven position-specific programs increasing baseball skill & strengths while reducing the risk of player injury. We offer Individualized Data-Driven Training, proven to increase a position players "On Field Skill Performance" and a pitchers "On Mound-Command, Movement & Velocity".

BASEBALL STRENGTH TRAINING-A POSITION SPECIFIC DESIGN

PE BASEBALL STRENGTH Is a step up for Pre-Weight Room and Weight Room Baseball Athletes From Ages 12 to Pro Levels. Proven to increase a baseball player's performance through the education and the design of a PERSONALIZED strength & flexibility Training Program, specific to your BASEBALL goals. Increase your knowledge at a personal level, not all players have the same physical build, skill level, athletic goals, speed, flexibility, or strength. Gain insightful access to proper movements, form and lifting-weight, specific to you and your position. Create an effective program to reach your athletic goals, quickly, and safely, avoiding common weight room injuries. Program Design offered for both In-Season & Off-Season,



Info@PitchersEdge.com (mailto:info@pitchersedge.com)

1 Hour Private Session: **\$155 Per Session** (Add'l % Savings with Membership)

703-714-7377 (tel:703-714-7377)

Begin Your Personalized Program with Pitchers Edge Today and Develop A Winning Program-The Key To Successful Overall Baseball-Athlete Training! (703) 714-7377

INJURY PREVENTION & BASEBALL SPECIFIC PHYSICAL FITNESS IS THE FOUNDATION FOR INCREASING BASEBALL PERFORMANCE

Exclusive access click here (https://pitchersedge.com/library/)

In entering the "Exclusive Access" and using the PIPSystems Video Library I understand that the training program I received is designed for my use and my exclusive use and is based upon my physical strengths, weaknesses, considerations and my specific baseball goals. I Agree that this is mutually exclusive and that I will not disperse my program with/to any other person. THE USE OF THIS TRAINING PROGRAM IS NOT RECCOMMENDED WITHOUT THE CONSENT OF A CERTIFIED PITCHERS EDGE PROFESSIONAL. AS WITH ANY SPORT ACTIVITY THERE IS SIGNIFIGANT RISK OF INURY AND I AM FULLY RESPONSIBLE FOR MY PARTICIPATION IN THIS PROGRAM AND THE RESULTS ACHIEVED. I WILL TAKE CARE AND TRAIN IN A RESPONSIBLE WAY WHICH INCLUDES HYDRATION AND TO STOP TRAINING IMMEDIATELY IF I HAVE A CONCERN OF INJURY OR FOR MY WELL BEING.







