

MEN'S HEALTH MONTH 2018

Whereas, despite advances in medical technology and research, men continue to live an average of five years less than women with African-American men having the lowest life expectancy; and

Whereas, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

Whereas, men who are educated about the value of preventative health will be more likely to participate in health screening; and

Whereas, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas, Men's Health Network worked with Congress to develop National Men's Health Month as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

Whereas, The Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's health; and

Whereas, Vienna's Health Month will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

Whereas, the citizens of this town are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

Now, therefore, I, Laurie A. DiRocco, Mayor of the Town of Vienna and the Vienna Town Council, do hereby proclaim June as **Men's Health Month** in the Town of Vienna, and encourage all our citizens to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Corporate Seal of the Town of Vienna to be affixed hereto this 21st day of May 2018.

Laurie A. DiRocco
Mayor

Attest:

Melanie J. Clark, CMC
Town Clerk