

## MEN'S HEALTH MONTH 2019

**Whereas**, despite advances in medical technology and research, men continue to live an average of five years less than women with African-American men having the lowest life expectancy; and

**Whereas**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**Whereas**, men who are educated about the value of preventative health will be more likely to participate in health screening; and

**Whereas**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**Whereas**, Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**Whereas**, the Men's Health Month web site has been established at [www.MensHealthMonth.org](http://www.MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health ([www.WearBlueForMensHealth.com](http://www.WearBlueForMensHealth.com)); and

**Whereas**, Vienna's Men's Health Month will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

**Whereas**, the citizens of this town are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

Now, therefore, I, Laurie A. DiRocco, Mayor of the Town of Vienna and the Vienna Town Council do hereby proclaim June as Men's Health Month in Vienna, and encourage all our citizens to pursue preventative health practices and early detection efforts.

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Laurie A. DiRocco  
Mayor

Attest:

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Melanie J. Clark, CMC  
Town Clerk